

# National Redress Scheme

For people who have experienced institutional child sexual abuse

## FACT SHEET

### GET FREE HELP TO APPLY

This fact sheet gives information on how to get support to apply to the National Redress Scheme.

#### What help can you get to apply?

The National Redress Scheme provides the following free, confidential support services:

- **Legal support services** (provided by an organisation called 'knowmore'), to provide advice about your legal options, and applying for and accepting an offer of redress,
- **Redress support services** to help you understand the Scheme, and guide you through the whole application process, and
- **Financial counselling services** to help you understand how an offer of redress might impact your personal finances.

These support services are free if you are thinking about applying for redress. You can access these services at any time when considering applying for redress, if you are applying for redress, or if you are considering an offer of redress.

#### Legal Support Services

Legal Support Services, provided through knowmore, can assist you:

- With information on other options available to you, including access to compensation through other schemes or common law rights and claims
- Prior to the application, to ensure you understand the access requirements and the application process
- After you receive an offer of redress and you elect to seek an internal review of the decision
- With advice on the effect of accepting an offer and what this means for future claims.

[knowmore](#) - 1800 605 762

#### Financial Counselling Services

Financial counselling is a free, independent and confidential service that can help you think through how to manage your National Redress Scheme payment.

[National Debt Helpline](#) - 1800 007 007

#### Redress Support Services

Redress Support Services can:

- be someone to talk to
- give you information about the Scheme and answer your questions
- help you fill out an application, or actually fill out an application for you, or
- help you understand your redress outcome.

## Redress Support Services

### National

[Blue Knot Foundation](#) - **1300 657 380**  
Counselling and support for people who have experienced child sexual abuse

[Bravehearts](#) - **1800 272 831**  
Counselling and support for people who experienced child sexual abuse

[Care Leavers Australasia Network](#) - **1800 008 774**  
Support and advocacy for Care Leavers

[Child Migrants Trust](#) - **1800 040 509**  
Social work services and counselling for Former Child Migrants

[Child Wise](#) - **1800 991 099**  
Trauma informed telephone and online counselling for childhood abuse

[In Good Faith Foundation](#) - **03 9326 1190**  
Independent advocacy, case work, referral and support for people who have experienced abuse, their families and communities responding to religious institutional abuses

[MensLine Australia](#) - **1300 78 99 78**  
National telephone and online support, information and referral service for men with family and relationship concerns

[People with Disability Australia](#)  
- **1800 422 015 / TTY: 1800 422 016**  
National telephone line to provide information and referrals to people with disability

[Rape and Domestic Violence Services Australia](#) - **1800 211 028**  
National telephone counselling service for people who have experienced abuse. Face to face counselling is available in New South Wales

[Tzedek](#) - **1300 893 335**  
Advocacy, referral and support for people who have experienced religious/clergy abuse, with a focus on the Jewish community

### Australian Capital Territory

[Canberra Rape Crisis Centre](#)  
- **02 6247 2525**  
Free counselling and support for people who have experienced sexual assault, male and female, and their families/supporters, along with information, advocacy and referral

[Relationships Australia ACT](#)  
- **02 6122 7190 / 1300 364 277**  
Family and relationship counselling as well as a range of specialist counselling services

### New South Wales

[Interrelate Family Centres](#) - **1300 473 528**  
Face-to-face and telephone counselling, information, referral and support service with a network of counselling centres across metropolitan, regional and rural New South Wales

[Link Up NSW Aboriginal Corporation](#)  
- **1800 624 332 (not a free call for mobiles) / 02 9421 4700**  
Counselling, healing and culturally appropriate support for Indigenous Australians

[Relationships Australia NSW](#)  
- **1800 052 674 / 1300 364 277**  
Support, information and referral, and counselling for people who have experienced child sexual abuse

[The Women's Cottage](#) - **02 4578 4190**  
Support, counselling and referrals for women and their families

### Northern Territory

[Danila Dilba Health Service](#)  
- **08 8942 5400**  
Counselling, healing and culturally appropriate support for Indigenous Australians

[Relationships Australia NT](#)  
- **08 8923 4999/ 1300 364 277**  
Support, information and referral, and counselling for people who have experienced child sexual abuse

## Queensland

### [Centre Against Sexual Violence](#)

- 07 3808 3299

Community based sexual assault service providing support, information and counselling to the Logan, Beaudesert and Redlands communities

### [Link Up Queensland](#) - 1800 200 855

Counselling, healing and culturally appropriate support for Indigenous Australians

### [Micah Projects Inc](#) - 07 3029 7000

A dedicated support service for people who experienced childhood abuse in an institutional setting

### [Relationships Australia QLD](#)

- 1800 552 127 / 1300 364 277

Support, information and referral, and counselling for people who have experienced child sexual abuse

## Victoria

### [Open Place](#)

- 1800 779 379 / 03 9421 6162

Counselling and support programs for Forgotten Australians and Former Child Migrants, their families and carers to help them recover from their trauma.

### [Drummond St Services Inc](#)

- 03 9663 6733

Specialist recovery and wellness services including counselling and support for people who have experienced child sexual abuse

### [Victorian Aboriginal Child Care Agency](#)

- 03 9459 7030

Provides counselling, healing and culturally appropriate support for Indigenous Australians

### [Relationships Australia Vic](#) - 1800 052 674 / 1300 364 277

Support, information and referral, and counselling for people who have experienced child sexual abuse

## South Australia

### [Nunkuwarrin Yunti of SA Inc](#)

- 08 8406 1600

Counselling, healing and culturally appropriate support for Indigenous Australians

### [Relationships Australia SA](#) - 1800 182 325 / 1300 364 277

Support, information and referral, and counselling for people who have experienced child sexual abuse

### [Victim Support Service](#)

[Incorporated](#) - 1800 842 846

Support, information and referral, and counselling for people who have experienced child sexual abuse

## Tasmania

### [Relationships Australia Tasmania](#)

- 1300 364 277

Support, information and referral, and counselling for people who have experienced child sexual abuse

### [Sexual Assault Support Service Inc.](#)

- 03 6231 1811 / 03 6231 0044

Community based service providing high quality support and information services to people who have experienced sexual assault

## Western Australia

### [Kimberley Stolen Generation Aboriginal Corporation](#) - 1800 830 338

Counselling, healing and culturally appropriate support for Indigenous Australians

### [Relationships Australia WA](#)

- 08 6164 0255

Support, information and referral, and counselling for people who have experienced child sexual abuse

### [Yorgum Aboriginal Corporation](#)

- 08 9218 9477 / 1800 469 371

Counselling, healing and culturally appropriate support for Indigenous Australians

## How can I get immediate support and more information?

To get more information, connect with a support service and find out how to apply, please go to [www.nationalredress.gov.au](http://www.nationalredress.gov.au) or call the National Redress Scheme on 1800 737 377 (Monday to Friday 8am to 5pm, except public holidays - charges may apply).

Those who need immediate assistance can contact:

- [Beyond Blue](#) 1300 22 4636
- [Lifeline](#) 13 11 14
- [1800 Respect](#) 1800 737 732
- [Suicide Call Back Service](#) 1300 659 467
- [Mensline](#) 1300 78 99 78
- In an emergency call Triple Zero (000)

